

# *dare to lead*<sup>TM</sup>

*Based on the research of Brené Brown*

*Facilitated by Leah Brown, CDTLF*

## **COURSE TITLE:**

Dare to Lead<sup>TM</sup> Based on the Research of Dr. Brené Brown and Facilitated by Certified Dare to Lead<sup>TM</sup> Facilitator, Leah Brown

## **COURSE OVERVIEW:**

Daring leadership requires skill-building around traits that are deeply and uniquely human. It requires that we stay curious, lean into difficult conversations, and be vulnerable instead of armoring up. The Dare to Lead<sup>TM</sup> program dives into the future of leadership, ethical decision making and organizational success through the lens of bravery and courage by tackling the four skill sets of brave leadership: Rumbling with Vulnerability, Living into Our Values, BRAVING Trust and Learning to Rise

## **LEARN HOW TO:**

Dare to Lead<sup>TM</sup> is designed for ANYONE who is ready to embrace brave leadership, shed their armor and show up with their whole heart in their work and life. Intuitive and interactive facilitation will guide you through the teachable, observable and measurable skill sets of daring leadership. You, your team, and your organization will learn how to have tough conversations, address employees fears and feelings that show up during change and upheaval, build trust, identify personal values, reset after failure and so much more-All of which are meant to support leader agility, team effectiveness and culture change.

## **OBJECTIVES:**

- Identify a leader as anyone who takes responsibility for finding the potential in people or processes and has the courage to develop that potential.
- Learn that daring leadership requires four sets of skills that can be learned, observed and measured: rumbling with vulnerability, living into our values, braving trust and learning to rise.

- Understand the role of courage and vulnerability in daring leadership
- Learn how shame, scarcity and comparison show up in the workplace and how they affect engagement, trust and connection
- Recognize the importance of emotional literacy for effective communication and connection
- Differentiate between the characteristics of daring leadership and armored leadership
- Learn how values operate in our professional lives and the role they play in integrity and daring leadership
- Learn the daring leadership skills that help guide tough conversations including giving and receiving feedback
- Develop an understanding of the elements of trust and how trust is built incrementally over time
- How to reset after a setback or failure
- and many, many more

**IDEAL FOR:**

Executives, directors, managers, supervisors, individuals and teams

**DURATION OPTIONS:**

**2-day program**-Participants are fully Dare to Lead™ Trained and earn certificate and LinkedIn badge

**4 half-day sessions**- Participants are fully Dare to Lead™ Trained and earn certificate and LinkedIn badge

**1-day program**-Curriculum varies based on individual client needs

**Half-day program**-Curriculum varies based on Individual client needs

**\*Keynote and Breakout sessions also available**

**FORMAT:**

In-person

**AGENDA:**

**Dare to Lead™ Two-Day Workshop**

**DAY ONE:** Introduction – Brave Leaders and Courageous Cultures; Rumbling with Vulnerability

Lesson 1 - The Heart of Daring Leadership  
Lesson 2 - Rumbling with Vulnerability  
Lesson 3 - Shame  
Lesson 4 - Empathy  
Lesson 5 - Armored Leadership vs. Daring Leadership  
Lesson 6 - Grounded Confidence and Rumbling Skills

**DAY TWO:** Living Into Our Values; BRAVING Trust; Learning to Rise

Lesson 7 - Living Into Our Values  
Lesson 8 - BRAVING Trust  
Lesson 9 - Learning to Rise: The Rising Strong Process  
Lesson 10 - Rumbling with Our SFDs  
Lesson 11 - The Revolution

### **Dare to Lead™ Series of Four Half-Days**

**FIRST HALF-DAY:** Brave Leaders & Courage Cultures; Rumbling with Vulnerability

Lesson 1 – The Heart of Daring Leadership  
Lesson 2 – Rumbling with Vulnerability  
Lesson 3 – Shame

**SECOND HALF-DAY:** Rumbling with Vulnerability, cont.

Lesson 4 – Empathy  
Lesson 5 – Armored Leadership versus Daring Leadership Lesson 6 – Grounded Confidence and Rumbling Skills

**THIRD HALF-DAY:** Values and Trust

Lesson 7 – Living Into Our Values  
Lesson 8 – BRAVING Trust

**FOURTH HALF-DAY:** Learning to Rise and Wrap-Up

Lesson 9 – Learning to Rise: The Rising Strong Process  
Lesson 10 – Rumbling with Our SFDs  
Lesson 11 – The Revolution and Closing

### **Dare to Lead™ One-Day Workshop**

Content varies based upon specific client needs