

Focused Leadership

Build high-performing and happy teams



Leadership
Strategies

WHY IT WORKS

As businesses accelerate through advances in communication and connecting, many leaders, teams and organizations become overwhelmed by the amount of information and tasks that have to be accomplished. This course teaches leaders to distinguish between the “urgent” tasks that create short-term focus and anxiety and the “important” tasks that move the organization forward and create focus. By deploying these methods, the leader can create the balance of near-term and long-term focus to reduce anxiety while increasing results.

LEARN HOW TO

Participants will learn how to create focus for themselves and their teams through by understanding what drives a “lack of focus” and addressing the root causes. Leaders will better understand their own “self-limiting beliefs” that contribute to unfocused schedules and task prioritization and discover ways to help their teams to gain a calmer perspective while driving higher performance and work-life balance.

IDEAL FOR

- **Managers**
- **Directors**
- **Executives**
- **Team Leaders**

DURATION

1 day

FORMAT

In-person
Blended

OBJECTIVES

- Identify the root cause of unfocused on “frenetic” work days
- Build fluency with distinguishing “urgent” and “important” tasks
- Recognize the behaviors that contribute to lack of focus in leadership
- Strengthen the team competency in driving higher performance through focus and collaboration

AGENDA

DAY 1

- Root Causes of Unfocused and Overcommitted Organizations
- Distinguishing Urgency and Importance
- “Who Stole my Chair”- understanding the culture of meetings
- Driving Focus in Team Dynamics
- Life Balance and the Personal Nature of Focus
- Practical Application to Calendars and Tasks

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when you're ready
to Level Up!

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Level up.